NOVEMBER 2026

Hochelaga—Rosemont-Est

HRE on the move



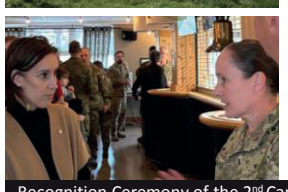
35th anniversary of Bouffe-Action de Rosemont

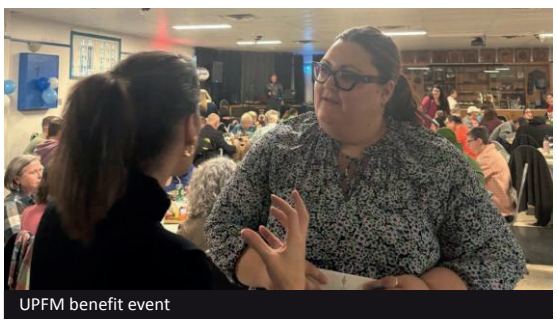

Meeting with the Commander of Neighbourhood Station 23

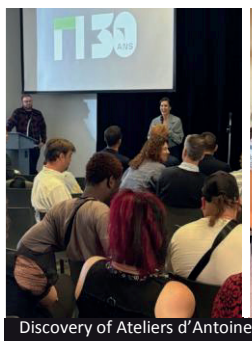







Recognition Ceremony of the 2nd Canadian Division at the Montreal Garrison


UPFM benefit event

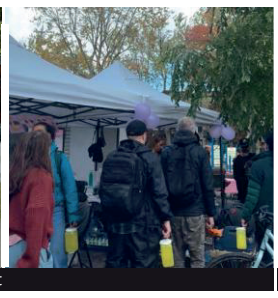



Discovery of Ateliers d'Antoine and graduation ceremony

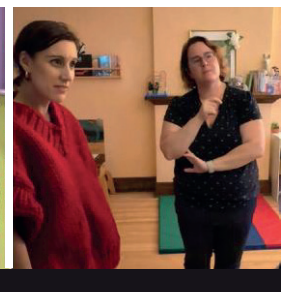

34th Gala des Grands Prix de la relève d'affaires du RJCCQ


Montreal Council of Women – Woman of the Year Award




Dopamine's fall volunteering event



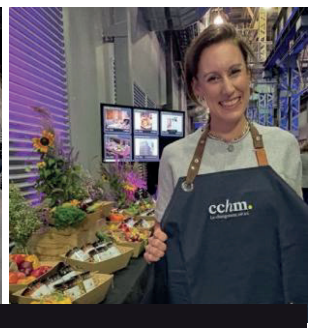

Tour of the Carrefour Parenfants





Presentation of the ÉDI+ Award at the Fondation Émergence Gala





CCHM Foundation fundraising event


Tour of La rue des Femmes

A word from Marie-Gabrielle Ménard



Dear constituents,

On October 5, you exercised your right to vote and elected four members in Hochelaga—Rosemont-Est to represent you in the Quebec National Assembly. Congratulations to Paul St-Pierre Plamondon—Quebec's 34th premier—as well as Alexandre Leduc, Nicolas Plourde and Gisèle Pouhe Njall. I look forward to working with them in the weeks ahead to advance your priorities.

I would also like to commend everyone who put their name on the ballot in this election. Regardless of political affiliation, participating in our democracy as a candidate takes both courage and a generous commitment to public service.

October—Women's History Month in Canada.
As the Parliamentary Secretary to the Minister for Women and Gender Equality, I am honoured to amplify, value and celebrate the voices of women in this country. Although there is still work to be done to achieve full equality throughout society, I see people every day who are deeply committed to advancing this issue—in workplaces, schools, homes, public spaces… and politics.

Over the past few weeks, I have had the pleasure of interacting with:

- **Bouffe-Action de Rosemont**—and the opportunity to celebrate 35 years of mutual aid and community-based education focused on food self-sufficiency.
- **Les Ateliers d'Antoine**—and the honour of celebrating the success of graduating students.
- **Un Prolongement à la Famille de Montréal (UPFM)**— an organization committed to helping people with intellectual disabilities.
- **La Fondation Émergence**—and the pleasure of attending their annual gala and reaffirming the Government of Canada's support for promoting inclusion and rights for 2SLGBTQIA+ people.
- **La rue des femmes**—an organization promoting healthy relationships and supporting women experiencing homelessness.
- **Mères au front, Corporation Maison Charlemagne and Carrefour Parenfants**—constructive discussions on environmental issues, community development, social integration and support for families.

Ottawa news
In the coming weeks, discussions will continue around the introduction of An Act to restrict young persons' online access to pornographic material (S-209), An Act respecting national action for the prevention of intimate partner violence (S-242 Georgina's Law) and the Relieving Grieving Parents of an Administrative Burden Act (C-222 Evan's Law).

On the international stage, Prime Minister Mark Carney continues to advance Canada's interests. In a rapidly changing global economy, Canada is diversifying its economic partnerships, attracting significant foreign investment and creating new opportunities for Canadian businesses. Strengthening our relationships with our partners, including the European Union, and hosting the recent Canadian Investment Summit are part of that vision.

In Ottawa and in HRE, I remain committed to working on solutions that reflect your realities and respond to your priorities.

Thank you for continuing to share your ideas, concerns and projects with me and my team. These invaluable conversations give real meaning to my work.

Lest We Forget | N'oublions jamais —
On Remembrance Day, as we mourn the Wainwright tragedy, let's honour those who served our country and their loved ones.

I wish you a great fall season, and I look forward to seeing you on the streets of HRE!

Marie-Gabrielle Ménard
Member of Parliament for Hochelaga—Rosemont-Est

Version française → mariegabriellemenard.ca/infolettres

Printed using vegetable ink on 100% recycled paper.

Trade War Support Measures

Trade War Support for Small Business

To support businesses in Hochelaga—Rosemont-Est, we have prepared a guide that brings together the main federal support measures developed by the ministers of Finance, Industry and Labour through Canada Economic Development (CED), the Business Development Bank of Canada (BDC) and Employment Insurance.

Write to us to receive the guide or share your story:
marie-gabrielle.menard@parl.gc.ca

$1.5B to protect housing

Through the Canada Rental Protection Fund, the government will help community organizations acquire and renovate rental buildings to help keep rents affordable.

One of the goals of this new initiative is to protect 7,000 affordable rental units over the next five years.

$1.2B to protect biodiversity

The Government of Canada is investing $1.2 billion to protect oceans and marine life by strengthening research, monitoring and ecosystem preservation.

This is in addition to $2.6 million over five years for Birds Canada to enable the organization to monitor migratory bird populations, including species at risk, and work to protect their habitats.

Paid placements for youth aged 15 to 30

Starting in 2027, the Team Canada Strong Youth Placements Program will allow employers to offer paid placements for young people interested in the skilled trades.

→ Placements of up to 16 weeks

→ Earnings of up to $400 per week per apprentice

→ $5,000 bonus upon obtaining an eligible certification

→ Up to $10,000 in financial support for SMEs hiring first-year apprentices

Objectives: Helping young people explore careers in the skilled trades and find jobs, and supporting employers who train and hire new workers.

Amendments to the *Canada Labour Code*

In order to better regulate collective bargaining and strengthen worker protections, the Government of Canada, through Bill C-39, is proposing amendments to the *Canada Labour Code*.

The proposed measures include:

→ Salary and benefits protection

→ Review of worker classifications

→ Changes to the rules governing labour disputes

Buying a heat pump

Investment of $2 billion—Starting in January 2027, the Government of Canada will roll out its new National Heat Pump Rebate Program.

→ Rebates up to **$10,000** for the purchase or replacement of an eligible electric heat pump

→ Average savings of more than **$1,400** per year on electricity bills for households that heat with oil, propane, or electric resistance systems (furnaces and baseboard heaters).

→ Reduction in GHG emissions by more than 25 megatons, equivalent to 8.5 million cars taken off the road for one year

Objectives: Supporting families by reducing their heating bills and helping reduce GHG emissions

Fight against cancer

The Government of Canada is investing $80 million over four years in cancer treatment research.

Objectives:
→ Support medical teams in developing new treatments
→ Improve treatment effectiveness and reduce certain side effects

Call for donations

La Maison des enfants de l'Île de Montréal, an HRE organization that has been working with children for more than 35 years, wants to redevelop its spaces to create a better experience for the young people it serves.

The project team is currently accepting donations of furniture (tables, chairs, armchairs, storage units and more), books, art supplies and decorative items.

Do you have any leads?
Contact Marie-Eve Bacon: benevolat@maisondesenfants.org

Canadian Armed Forces—Historic ceremony in HRE

On September 26, at CFB Longue-Pointe in eastern Montreal, a historic ceremony was held—the transfer of command of the 2nd Canadian Division under the authority of Brigadier-General Marie-Christine Harvey. **This recognition ceremony is part of the Canadian Armed Forces' modernization strategy.**

Events



Marché des célébrations
November 27, 3 p.m. to 8 p.m.
3910 Sainte-Catherine Street East—L'imprimerie, centre d'artistes
Free activity | For everyone

Open house at the Collège de Maisonneuve
November 17, 4:30 p.m. to 8:30 p.m. 3800 Sherbrooke Street East

CCSE Maisonneuve
4375 Ontario East (free + membership card)
Salon des artisans du CCSE Maisonneuve—November 28, 29, 10 a.m. to 4 p.m.
Vendredi sans parents—Secret Lab—November 20, 6 p.m. to 8 p.m.
VIACTIVE Program—Every Friday, 11:15 a.m. to 12:15 p.m.
Family table tennis—Every Wednesday, 4 p.m. to 8:30 p.m.
Table tennis for adults-seniors—Every Tuesday, 6 p.m. to 9:30 p.m.
PAC – Pré-ados du CCSE—Monday to Friday, 11 a.m. to 3 p.m.

Hochelaga Community Centre
Gift-sorting
- **Families**—Saturday, December 5, 1 p.m. to 3 p.m.
- **Seniors**—Friday, December 11, 11 a.m. to 3 p.m.

Christmas Basket Delivery—Friday, December 18, 8 a.m. to 3 p.m.



Féerie de Noël
December 6, 2 p.m. Église du Très-Saint-Nom-de-Jésus



Maisonneuve Library
Puzzle Tournament—Saturday, November 14, 1:30 p.m. to 3 p.m.
Queer à lire—Asexuality, Aromanticism, and Other Marginalized Identities November 17, 5 p.m. to 6:45 p.m.
Le village de Noël fantastique et l'usine des lutins et des lutines (LEGO) December 12, 10:15 a.m. to 11:15 a.m.

Marie-Gabrielle Ménard

Your Member of Parliament
Hochelaga—Rosemont-Est

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