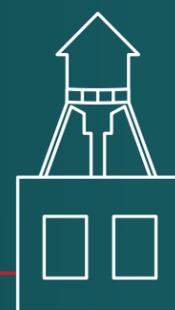
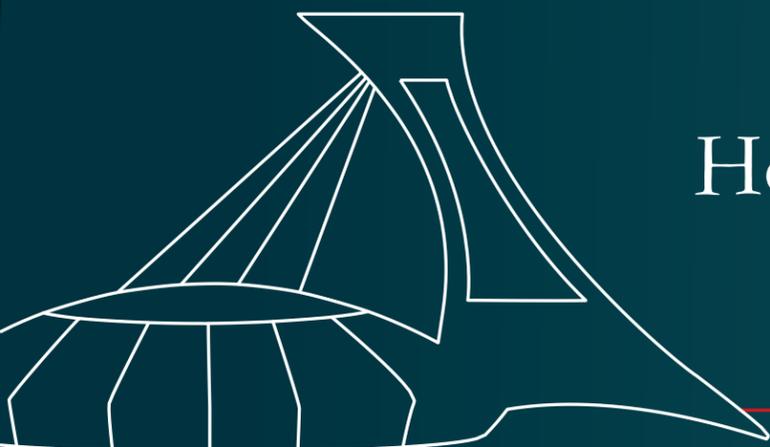


# Hochelaga--Rosemont-Est



## HRE on the move



Radio interview — CIBL 101,5



Distributing Christmas baskets at the Interaction Famille Hochelaga-Maisonneuve community centre



Launch of the "On ose pour l'Est" campaign for the Hôpital Maisonneuve-Rosemont foundation



With Martine Roy, LGBTQ rights activist, appointed a member of the Order of Canada



Visiting Bouffe-Action de Rosemont



Tabling of Bill C-16, the Protecting Victims Act



Volunteering at the CAP St-Barnabé



Visiting the Centre for Commercialization of Cancer Immunotherapy (C3i) at Hôpital Maisonneuve-Rosemont



At the home opener for the Montréal Tundra at Centre Pierre-Charbonneau



At the children's Christmas party at Centre Pierre-Charbonneau



Meeting with Marie-Laure Konan, Executive Director, INICI



Volunteering and combatting food waste at the Les Pirates Verts food bank



Commemorating the Polytechnique mass femicide of December 6, 1989



Visiting the Hochelaga-Maisonneuve farmers' circle



Visiting the Lux Gouverneur Montréal residences



Visiting the Canadian Cancer Society's Jacques Cantin Lodge

## A word from Marie-Gabrielle Ménard



Dear friends and neighbours,

First of all, I would like to wish you the very best for 2026!

### The holidays in HRE

In December, I got to be part of some wonderful moments in Hochelaga—Rosemont-Est (HRE). Whether at the Interaction Famille Hochelaga-Maisonneuve community centre, at Bouffe-Action de Rosemont, at Les Pirates Verts or at the CAP St-Barnabé, I witnessed our community's spirit of solidarity. Though these organizations' missions differ, their values and objectives all revolve around mutual aid, sharing and collective action. I also have fond memories of conversations at Chic Resto Pop and Christmas dinner at Club de l'Âge d'or Bocce Louis-Riel.

I also visited residents of the Lux Gouverneur Montréal residences and the Canadian Cancer Society's Jacques Cantin Lodge. I got to learn about the Centre for Commercialization of Cancer Immunotherapy (C3i) at Hôpital Maisonneuve-Rosemont—a shining example of medical innovation in east Montreal—and INICI, an organization that helps integrate newcomers to Canada.

### Our work continues in Ottawa

In the fall, the House of Commons Standing Committee on the Status of Women, on which I serve alongside my opposition party colleagues, tabled two important reports:

- **Coercive Control in Canada**, which addresses an insidious form of intimate partner violence involving domination and isolation.
- **Gender-based violence and femicides in Canada**, which examines the root causes of violence against women, girls and gender-diverse people.

These two reports contain recommendations for strengthening our laws, improving support services for survivors and preventing gender-based violence.

### Olympics 1976 | 2026

As we turn our attention to the Milano Cortina Olympics, let's remember that Montreal—specifically Hochelaga!—hosted the Olympic Games 50 years ago.

Did you know? I got to report on the artistic swimming events at the Tokyo Olympics in 2020 and the Paris Olympics in 2024. I saw first-hand how hard these athletes work and how much they sacrifice to achieve their goals and make their dreams come true.

In 2026, I will keep working for you alongside Prime Minister Mark Carney.

Thank you for confidence.

Sincerely,



**Marie-Gabrielle Ménard**  
Member of Parliament for Hochelaga—Rosemont-Est

## Investing in culture



The budget includes significant investments in culture, artists and cultural organizations across the country:

- **\$90M** for festivals, performances, cultural events and strengthening of community life
- **\$390M** for musical creation, film and the audiovisual sector (Telefilm Canada, Canada Media Fund, NFB, Canada Music Fund)
- **\$38.4M** for community media and periodicals
- **\$150M** to strengthen, in English and French, the role of CBC/Radio-Canada as a public broadcaster



## Better protecting women and children



Bill C-16, the Protecting Victims Act, proposes criminalizing coercive control (threats, economic abuse and isolation) and increasing maximum prison sentences for a number of offences under the Criminal Code. It also aims to better combat hate-motivated and sexual violence and protect children against online exploitation.

**Objective:** Better protect survivors and build a more responsive justice system



## Support for youth employment



The Government of Canada is investing over \$1.5B in youth employment and training.

This investment will create almost 175,000 opportunities across the country: summer jobs, paid internships and coaching to help youth successfully enter the workforce.

**Objective:** Provide youth with tangible, sustainable opportunities to help them build their careers.

Job offers and resources are available on the Government of Canada Job Bank website: <https://www.jobbank.gc.ca/youth>.



## Statistics Canada is recruiting!



30,000 temporary jobs will be available from March to July for the 2026 Census. The aim: Gather key data that will help the Government of Canada plan its strategies for housing, transportation, social programs, public services and infrastructure.

**Available positions:** Enumerators and crew leaders

**Hourly wage:** Up to \$31.32/h

Open to Canadian citizens, permanent residents and individuals with a valid work permit.



## Wanted!



Several non-profit organizations in Hochelaga—Rosemont-Est are looking for a truck (ideally refrigerated) to pick up, deliver and redistribute food.

**Can you help out?**

Write to us at [marie-gabrielle.menard@parl.gc.ca](mailto:marie-gabrielle.menard@parl.gc.ca)

Or call us at 514-201-8608

## Canadian Dental Care Plan open house



During this open house, our office will help you with any steps related to the Canadian Dental Care Plan.

Our team will also be available to answer your questions.

**Friday,  
February 20**  
10:00 a.m. to 4:00 p.m.

**To check whether you're eligible for the program:**

<https://www.canada.ca/en/services/benefits/dental/dental-care-plan.html>

## Events



### Complètement givré

February 14 from 1:00 p.m to 4:00 p.m. 📍 Place des Tisserandes

Presented by Centre communautaire Hochelaga



### Avant Coup clinic open house

February 20 from 3:00 p.m. to 5:00 p.m. 📍 4862 Sainte-Catherine Street East



### Salon du livre des jeunes auteur(e)s et illustrateur(trice)s du Québec

February 28 from 9:00 a.m. to 5:00 p.m. 📍 3894 Sainte-Catherine Street East

Free registration and participation:

[editionstnt.com/salon-livre-jeune-auteur](http://editionstnt.com/salon-livre-jeune-auteur)



### Nuit Blanche à Montréal, 23rd edition

February 28

Programming: [nuitblanchemtl.com/en](http://nuitblanchemtl.com/en)



### Entreprendre dans Hochelaga contest

Until March 31 📍 Sainte-Catherine Street East

(between Bourbonnière Avenue and Viau Street)

\$50,000 in awards to stimulate business activity



### Exhibition at the Guido Molinari Foundation

March 12 to May 24

Opening: March 12, 6:00 p.m.

Guided tour with the artist, Andréanne Godin:

Saturday, March 14, 2:00 p.m.

📍 3290 Sainte-Catherine Street East

## Bravo, Team Canada!



Congratulations to all the athletes in the Canadian delegation taking part in the Milano Cortina Olympic Games. Your hard work, talent and determination are exemplary and inspiring. We're rooting for you! Special mention to athletes from Hochelaga—Rosemont-Est.



## Marie-Gabrielle Ménard

Your Member of Parliament  
Hochelaga—Rosemont-Est

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### Hours

Monday to Thursday: 9:30 a.m.  
to 3:30 p.m.

By appointment

[marie-gabriele.menard@parl.gc.ca](mailto:marie-gabriele.menard@parl.gc.ca)