



## HRE on the move



Pre-budget announcement: investing in gender equality



Meeting with the Espoir de l'Est housing cooperative project team

Remembrance Day commemorative ceremony



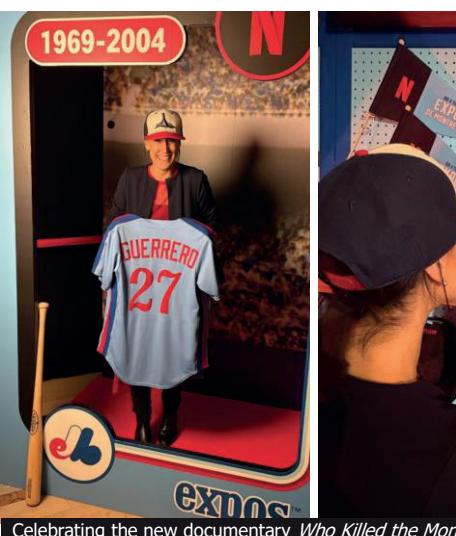
Discovering organizations at Le 5600 complex



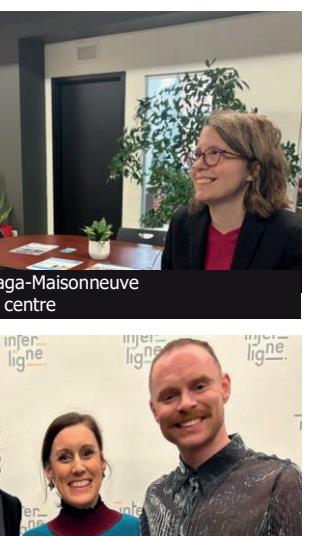
Montreal Pan American Cup | Judo Open at Centre Pierre-Charbonneau



MONTREAL PANAMERICAN JUDO TOUR

Celebrating the new documentary *Who Killed the Montreal Expos?*

Visit to the Hochelaga-Maisonneuve youth employment centre



9th edition of Interligne's La Grande Démésure

## A Word from Marie-Gabrielle Ménard



Dear friends and neighbours,  
As winter settles in and the beautifully decorated storefronts wrap our neighbourhood in a festive glow, I am moved by the spirit of solidarity in Hochelaga—Rosemont-Est (HRE). What a privilege it is to represent you!

As 2025 draws to a close—a year marked by a series of twists and turns—I feel this is a good time to reflect and express gratitude.

**BUDGET 2025** – In Ottawa, on November 4, we presented a budget designed to support Canadians and to bring ambitious projects to life. I recognize the importance of initiatives such as school food programs, child care services, dental care and pharmacare for the citizens of HRE.

**TAX CUTS** – 22 million people will benefit from a tax cut, with some households saving up to \$840 on their next tax return. In the months ahead, certain benefits will be paid automatically so that those who are eligible will receive their payments quickly.

**HOUSING** – The government is taking action in response to the housing crisis and is working to improve access to affordable housing by speeding up construction across the country. The adopted budget also removes the GST on the purchase of a first home valued at up to \$1 million, resulting in savings of up to \$50,000.

**SOCIAL JUSTICE** – As Parliamentary Secretary to the Minister of Women and Gender Equality, I am delighted that \$660.5 million will be invested over the next five years to advance gender equality in Canada and to strengthen the safety of women, girls and 2SLGBTQIA+ communities.

The New Horizons program will continue to improve quality of life for seniors, Canada Summer Jobs will support youth employability, and the Black Entrepreneurship Program will provide eligible participants with more loans and mentorship opportunities.

I invite you to reach out to my team to learn more about the programs that may help you.

**DEMOCRACY** – November was also marked by municipal elections. I commend all those who put their names forward to represent you. That commitment alone deserves recognition. I was inspired by the number of women and young people who stepped up. This new wave of leadership is excellent news for our democracy—bringing stronger representation and greater inclusion. This is what I hope for all of us as we go forward.

Here in HRE, I've had the pleasure of visiting several organizations and participating in meetings and events that make our community a vibrant place:

- ♥ Honouring the memory and service of veterans on Remembrance Day;
- ♥ Seeing the dynamic Le 5600 complex energizing the east end;
- ♥ Speaking with the L'Anonyme team about their work with vulnerable people;

- ♥ Supporting young athletes at the Montreal Pan American Cup | Judo Open;
- ♥ Discovering the Atelier d'histoire MHM and its archives;
- ♥ Visiting the team at the Hochelaga-Maisonneuve youth employment centre and recognizing the support it provides to young people;
- ♥ Celebrating the 45th anniversary of Interligne (formerly Gai Écoute) and acknowledging the essential role the organization plays for the 2SLGBTQIA+ communities.

In 2026, I will continue to stand up for your priorities: affordable housing, accessible public services and a healthy environment. Let's keep working together to ensure that our community remains a model of solidarity, creativity, diversity and inclusion.

I wish you and your loved ones a joyful holiday season.

I look forward to seeing you, whether out in the snow, in a local store, or at a community event that warms the heart, even in the coldest days of winter.

Marie-Gabrielle Ménard, MP  
Hochelaga—Rosemont-Est



## Women's rights and gender equality

The Government of Canada is investing \$660.5 million.

- \$382.5 million to advance gender equality by supporting women's leadership
- \$54.6 million to support 2SLGBTQIA+ communities
- \$7.5 million to enhance security at Pride festivals
- \$223.4 million to combat gender-based violence

**Goal:** to build stronger, more inclusive and safer communities.



## New assistance for personal support workers

Budget 2025 introduces a tax credit of up to \$1,100 per year for personal support workers.

**Goal:** to support front-line staff in health care facilities.



## Reducing food waste



The federal government is investing more than \$640,000 in five projects to divert food waste from landfills.

In Montreal, \$150,000 in funding will be used to test new ways of improving food waste collection in multi-unit residential buildings.

**Goal:** to reduce pollution, limit methane emissions and build greener communities.



## Renewing the New Horizons for Seniors program



This program supports initiatives that improve the quality of life for seniors.

**Funding:**

- up to \$25,000 for local projects
- up to \$5 million for national projects

**Goal:** to foster social participation among seniors, support intergenerational volunteering and strengthen inclusion in communities.



## Supporting Black entrepreneurship in Canada



The government is investing \$189 million to strengthen the Black Entrepreneurship Program (BEP). This funding will provide more loans, mentorship and training to eligible participants.

Since 2021, the BEP has granted more than \$70 million in loans and supported nearly 24,000 entrepreneurs.

**Goal:** to break down systemic barriers to promote diversity and inclusion in entrepreneurship.



## National School Food Program



Starting in 2029–2030, the government will provide permanent funding of \$216.6 million per year to the National School Food Program.

This initiative will support organizations such as the Breakfast Club of Canada, La Table des chefs and the Coalition for Healthy School Food, helping to provide nutritious meals to more children, including those in HRE.

**Goal:** to promote health and academic success.



## The Canada Strong pass is back!

Valid from December 12, 2025, to January 15, 2026, and again this coming summer.

Via Rail is offering FREE travel for those under 18 when accompanied by an adult, and a 25% discount for young people aged 18 to 24.

Children enjoy FREE admission to national museums, with discounts available for young adults.

Parks Canada is providing FREE access to its national parks, historic sites and marine areas.

**Goal:** to give Canadians access to some of the country's most iconic landmarks.



Happy holidays!



Marie-Gabrielle Ménard  
Your Member of Parliament

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