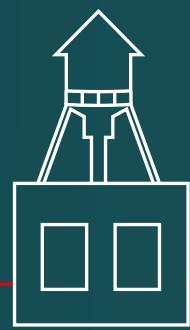
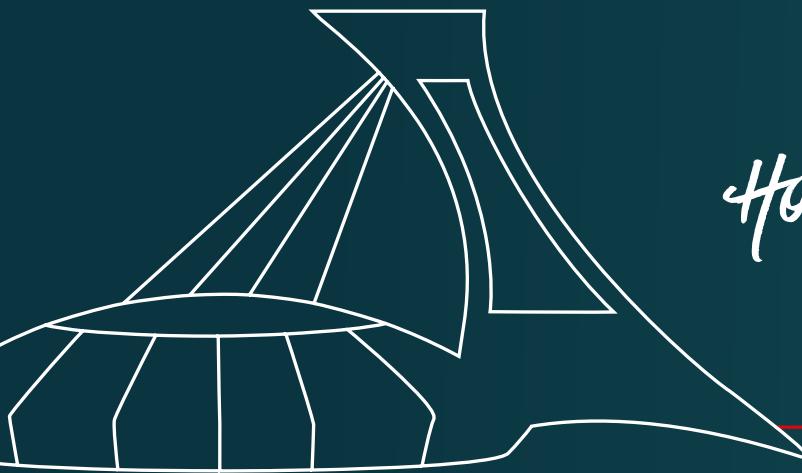
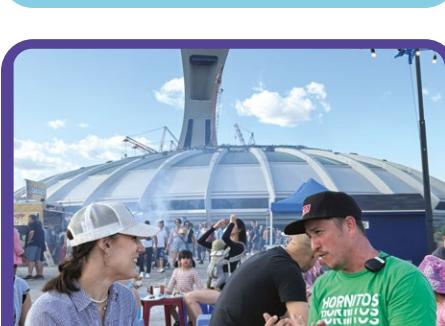


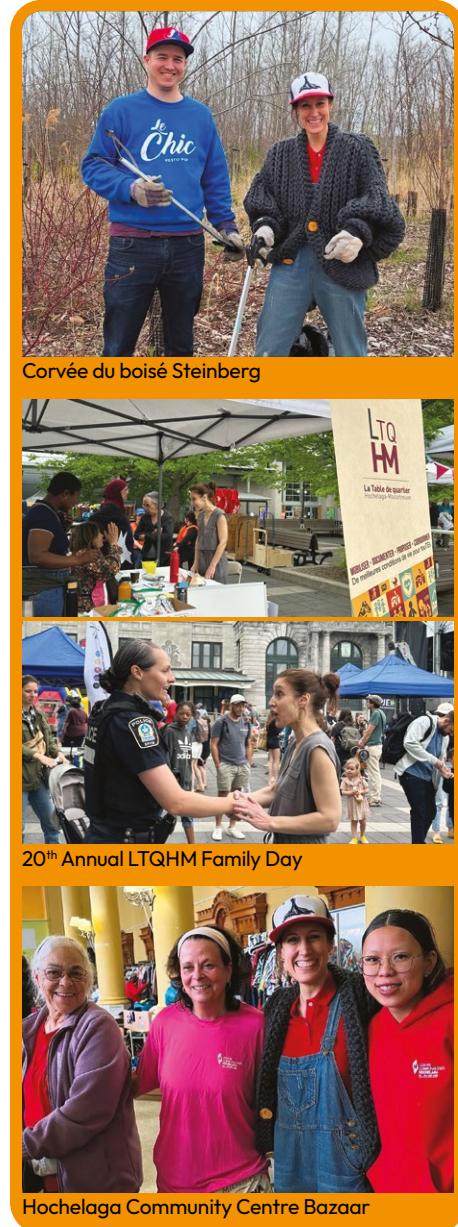
# Hochelaga—Rosemont—Est



## A Member of Parliament with heart and action



REVDEC's 40th Anniversary  
2025 Convocation Ceremony at Collège de Maisonneuve



Les Premiers Vendredis

## A Word from Marie-Gabrielle



Dear fellow citizens,

How are you?

With summer in full swing and so many chances to meet you in our streets, parks and the many ice cream shops in Hochelaga—Rosemont—Est (HRE), I want to take a moment to say once again how proud I am to represent you.

Our conversations are always frank, and your stories continue to inspire me.

It is no longer much of a secret that HRE is without a doubt the most dynamic, creative and supportive riding in the country!

**News from Ottawa** — The spring parliamentary session was short, intense and productive.

En seulement quelques semaines nous avons :

- reduced taxes for 22 million Canadians
- adopted the Speech from the Throne, setting out our ambitious agenda
- passed legislation to remove interprovincial trade barriers and expedite approval of major national projects
- introduced new measures to strengthen border security
- introduced legislation to protect Canadians and strengthen cybersecurity
- restored citizenship to “Lost Canadians” through new legislation
- expanded the national dental care program to all eligible individuals—children and adults alike (If you haven’t yet registered, visit [canada.ca/dental](https://canada.ca/dental))

As we find ourselves in an unnecessary trade war with the United States, supporting all Canadians through these challenging economic times remains at the top of the government’s list of priorities, and certainly at the top of mine. Here in Hochelaga—Rosemont—Est, I have been working tirelessly since April 29 to improve access to

housing, combat food insecurity and strengthen our economic and community life.

As a newly elected Member of Parliament, I know we still have much to learn about each other. Don’t be surprised if I knock on your door in the coming weeks. This summer’s parliamentary break is an opportunity for me to hear directly from you about the issues that matter most.

You can always reach me at [marie-gabrielle.menard@parl.gc.ca](mailto:marie-gabrielle.menard@parl.gc.ca), and I invite you to **follow me on social media**.

Thank you once again for your trust.

I wish you a wonderful summer, and I look forward to seeing you around our neighbourhood!



**Marie-Gabrielle Ménard**  
Member of Parliament for Hochelaga—Rosemont—Est

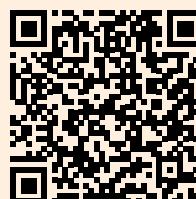
# Canada Strong Pass



Until September 2, let's explore our country and celebrate what makes it so unique with a Canada Strong pass.

- Enjoy **FREE access** to national parks, historic sites and marine areas managed by Parks Canada.
- **Via Rail** is **FREE for children** under 18 (accompanied by an adult) and young adults between the ages of 18 and 24 save 25%.
- **Children receive FREE admission** to participating national museums and a 50% discount for young adults aged 18 to 24.
- Enjoy **25% off** on camping fees.

For more information, visit: <https://www.canada.ca/en/canadian-heritage/campaigns/canada-pass.html>



## Canada Summer Jobs

HRE supports youth with Canada Summer Jobs!

 More than 230 new jobs among 62 organizations in Hochelaga-Rosemont-Est are funded through the Canada Summer Jobs program.

This federal program provide

- wage subsidies to provide quality jobs for young people aged 15 to 30 for at least 6 weeks during the summer.

Stay tuned in the coming months to register your 2026 summer job postings: <https://www.jobbank.gc.ca/youth>

## Canada Disability Benefit

Since June 2025, a new **Canada Disability Benefit (CDB)** has been helping to offset the additional costs of disability by providing up to **\$2,400 per year tax-free**, benefiting low-income Canadians aged 18 to 64.

For eligibility criteria: <https://www.canada.ca/en/services/benefits/disability/canada-disability-benefit/eligibility.html>



## Tax cut

A tax cut has been in effect since July 1.

This measure will support nearly 22 million Canadians!

Up to **\$840** in savings per year for a two-income family!

You will see this relief when you file your 2025 tax return.

For more information:

<https://www.canada.ca/en/department-finance/news/2025/05/delivering-a-middle-class-tax-cut.html>



## Canadian Dental Care Plan (CDCP)



Canadian Dental Care Plan reminder!

Since May 2025, the federal government now **covers dental expenses for people aged 18 to 64!**

You must meet all of these conditions:

- ✓ not have access to private or group insurance
- ✓ have an adjusted family net income of less than \$90,000
- ✓ have filed tax returns for the previous year
- ✓ must be a Canadian resident for tax purposes

IMPORTANT: You **must apply annually** to be covered under the Canadian Dental Care Plan. For more information on registration, please visit: [canada.ca/dental](https://canada.ca/dental)

## Events – Summer 2025



### Fierté Montréal Festival

August 7-10, 2025 Ⓜ Olympic Park Esplanade



### MSO Concert

August 13 at 7:30 p.m. Ⓜ Olympic Park Esplanade



### Les Premiers Vendredis

August 1-2, 2025 Ⓜ Olympic Park Esplanade



### Cin'Hoch de l'été

July 4-August 22 (Friday evenings)  
⌚ Dairy Queen parking lot, 4545 Sainte-Catherine East



### Les Shows de ruelle

14 et 28 août Ⓜ Ruelle Gaboury – Sainte-Catherine Est



### Grande Fabrique

August 9-10, 2025 Ⓜ Sainte-Catherine East (from Pie-IX to Aird)



# Marie-Gabrielle Ménard

Your new Member of Parliament

 [marie.gabrielle.menard.pourHRE](https://www.facebook.com/marie.gabrielle.menard.pourHRE)

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[mariegabriellemenard.ca](http://mariegabriellemenard.ca)

## Constituency office

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Montreal, QC H1V 2C8

Tel.: 514-201-8608

⌚ Pie-IX

### Summer hours

Monday to Thursday: 9:30 a.m. to 3:30 p.m.  
Or by appointment

[marie-gabrielle.menard@parl.gc.ca](mailto:marie-gabrielle.menard@parl.gc.ca)