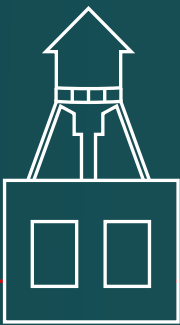




# Hochelaga-Rosemont-Est



## A Member of Parliament with heart and action



REVDEC's 40<sup>th</sup> Anniversary



2025 Convocation Ceremony at Collège de Maisonneuve



Les Premiers Vendredis



Corvée du boisé Steinberg



20<sup>th</sup> Annual LTQHM Family Day



Hochelaga Community Centre Bazaar



Gala des tournesols de Résolidaire



Sentier Urbain's solidarity vegetable garden | RAHMA



Cirque Hors Piste



Course des Glorieux Triporteurs



Saint-Jean-Baptiste Day



Canada Day



Raising the Pride Flag

## A Word from Marie-Gabrielle



Dear fellow citizens,

How are you?

With summer in full swing and so many chances to meet you in our streets, parks and the many ice cream shops in Hochelaga—Rosemont-Est (HRE), I want to take a moment to say once again how proud I am to represent you.

Our conversations are always frank, and your stories continue to inspire me.

It is no longer much of a secret that HRE is without a doubt the most dynamic, creative and supportive riding in the country!

**News from Ottawa** — The spring parliamentary session was short, intense and productive.

En seulement quelques semaines nous avons :

- reduced taxes for 22 million Canadians
- adopted the Speech from the Throne, setting out our ambitious agenda
- passed legislation to remove interprovincial trade barriers and expedite approval of major national projects
- introduced new measures to strengthen border security
- introduced legislation to protect Canadians and strengthen cybersecurity
- restored citizenship to “Lost Canadians” through new legislation
- expanded the national dental care program to all eligible individuals—children and adults alike (If you haven’t yet registered, visit [canada.ca/dental](https://canada.ca/dental))

As we find ourselves in an unnecessary trade war with the United States, supporting all Canadians through these challenging economic times remains at the top of the government’s list of priorities, and certainly at the top of mine. Here in **Hochelaga—Rosemont-Est**, I have been working tirelessly since April 29 to improve access to

housing, combat food insecurity and strengthen our economic and community life.

As a newly elected Member of Parliament, I know we still have much to learn about each other. Don’t be surprised if I knock on your door in the coming weeks. This summer’s parliamentary break is an opportunity for me to hear directly from you about the issues that matter most .

You can always reach me at [marie-gabrielle.menard@parl.gc.ca](mailto:marie-gabrielle.menard@parl.gc.ca), and I invite you to **follow me on social media**.

Thank you once again for your trust.

I wish you a wonderful summer, and I look forward to seeing you around our neighbourhood!



**Marie-Gabrielle Ménard**  
Member of Parliament for  
Hochelaga—Rosemont-Est



Canada Strong  
Pass

Until September 2, let’s explore our country and celebrate what makes it so unique with a **Canada Strong pass**.

- **Enjoy FREE access** to national parks, historic sites and marine areas managed by Parks Canada.
- **Via Rail is FREE for children** under 18 (accompanied by an adult) and young adults between the ages of 18 and 24 save 25%.
- **Children receive FREE admission** to participating national museums and a 50% discount for young adults aged 18 to 24.
- **Enjoy 25% off** on camping fees.

For more information, visit: <https://www.canada.ca/en/canadian-heritage/campaigns/canada-pass.html>



Tax cut

A tax cut has been in effect since July 1.

This measure will support nearly 22 million Canadians!

Up to \$840 in savings per year for a two-income family!

You will see this relief when you file your 2025 tax return.

For more information:

<https://www.canada.ca/en/department-finance/news/2025/05/delivering-a-middle-class-tax-cut.html>



Canada Summer Jobs

HRE supports youth with Canada Summer Jobs!

More than 230 new jobs among 62 organizations in Hochelaga–Rosemont–Est are funded through the Canada Summer Jobs program.

This federal program provide

- wage subsidies to provide quality jobs for young people aged 15 to 30 for at least 6 weeks during the summer.

tay tuned in the coming months to register your 2026 summer job postings: <https://www.jobbank.gc.ca/youth>

Canadian Dental Care Plan (CDCP)

Canadian Dental Care Plan reminder!

Since May 2025, the federal government now covers dental expenses for people aged 18 to 64!

You must meet all of these conditions:

- ✓ not have access to private or group insurance
- ✓ have an adjusted family net income of less than \$90,000
- ✓ have filed tax returns for the previous year
- ✓ must be a Canadian resident for tax purposes

IMPORTANT: You **must apply annually** to be covered under the Canadian Dental Care Plan. For more information on registration, please visit: [canada.ca/dental](https://canada.ca/dental)

Canada Disability Benefit

Since June 2025, a new **Canada Disability Benefit (CDB)** has been helping to offset the additional costs of disability by providing up to \$2,400 per year tax-free, benefiting low-income Canadians aged 18 to 64.

For eligibility criteria: <https://www.canada.ca/en/services/benefits/disability/canada-disability-benefit/eligibility.html>



Events – Summer 2025

- Fierté Montréal Festival**  
August 7–10, 2025 📍 Olympic Park Esplanade
- MSO Concert**  
August 13 at 7:30 p.m. 📍 Olympic Park Esplanade
- Les Premiers Vendredis**  
August 1–2, 2025 📍 Olympic Park Esplanade
- Cin'Hoch de l'été**  
July 4–August 22 (Friday evenings)  
📍 Dairy Queen parking lot, 4545 Sainte-Catherine East
- Les Shows de ruelle**  
14 et 28 août 📍 Ruelle Gaboury – Sainte-Catherine Est
- Grande Fabrique**  
August 9–10, 2025 📍 Sainte-Catherine East (from Pie-IX to Aird)



Marie-Gabrielle Ménard  
Your new Member of Parliament

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